

CERTIFICATE OF PARTICIPATION

This is to certify that

Michael Techow

Has successfully participated & completed the

5km Eastern Nights Trail Run

held at Benoni Country Club.

TIME 00:31:01

PACE 06:12/km

OVERALL 21 of 106

GENDER 19 of 56

OVER 40 7 of 22

03 December 2020, Thu

Date



BoutTime

Signature

